# COMMODITY SQUID



Ocean Jewel®
Squid Tubes

OCEAN JEWEL®

**a variety of premium-quality wild caught squid**

# SUSTAINABILITY COMMITMENTS

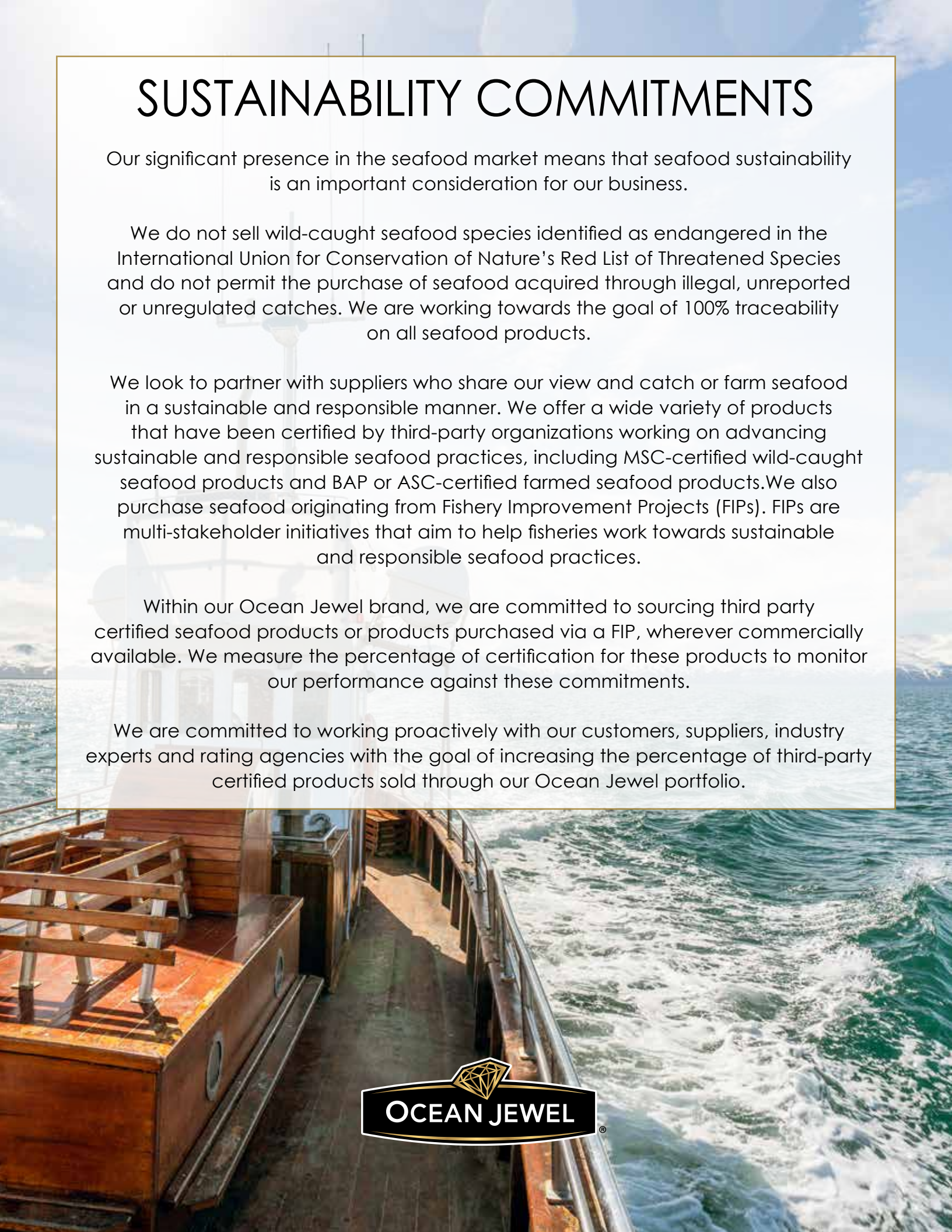
Our significant presence in the seafood market means that seafood sustainability is an important consideration for our business.

We do not sell wild-caught seafood species identified as endangered in the International Union for Conservation of Nature's Red List of Threatened Species and do not permit the purchase of seafood acquired through illegal, unreported or unregulated catches. We are working towards the goal of 100% traceability on all seafood products.

We look to partner with suppliers who share our view and catch or farm seafood in a sustainable and responsible manner. We offer a wide variety of products that have been certified by third-party organizations working on advancing sustainable and responsible seafood practices, including MSC-certified wild-caught seafood products and BAP or ASC-certified farmed seafood products.We also purchase seafood originating from Fishery Improvement Projects (FIPs). FIPs are multi-stakeholder initiatives that aim to help fisheries work towards sustainable and responsible seafood practices.

Within our Ocean Jewel brand, we are committed to sourcing third party certified seafood products or products purchased via a FIP, wherever commercially available. We measure the percentage of certification for these products to monitor our performance against these commitments.

We are committed to working proactively with our customers, suppliers, industry experts and rating agencies with the goal of increasing the percentage of third-party certified products sold through our Ocean Jewel portfolio.





# Squid - Rings & Tentacles

**Ocean Jewel® Rings & Tentacles** are wild caught in the oceans off of China. Loligo is the fastest growing, smaller sized squid that is naturally tender when cooked.

**HIGHLIGHTS:**

- Versatile and convenient
- Available in a variety of sizes
- Reduced labour - product is already cleaned and cut

**CHEF'S TIP:** Rings and tentacles can be dusted, deep-fried or grilled and make an excellent appetizer paired with sauce.



**Nutrition Facts / Valeur nutritive**
Per about 1/9 pack (125 g) / pour environ 1/9 paquet (125 g)

| Calories 120 | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

* 5% or less is **a little**, 15% or more is **a lot**
* 5% ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

**SF02452**

**Nutrition Facts / Valeur nutritive**
Per about 3/5 pack (125 g) / pour environ 3/5 paquet (125 g)

| Calories 120 | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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**SF04089**

**Nutrition Facts / Valeur nutritive**
Per about 100 g / pour environ 100 g

| Calories 100 | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 2 g | 3 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 3 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 15 g | |
| **Cholesterol / Cholestérol** 230 mg | |
| **Sodium** 50 mg | 2 % |
| Potassium 246 mg | 5 % |
| Calcium 32 mg | 4 % |
| Iron / Fer 0.7 mg | 4 % |

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**SF04092**

**Nutrition Facts / Valeur nutritive**
Per about 1/2 pack (125 g) / pour environ 1/2 paquet (125 g)

| Calories 120 | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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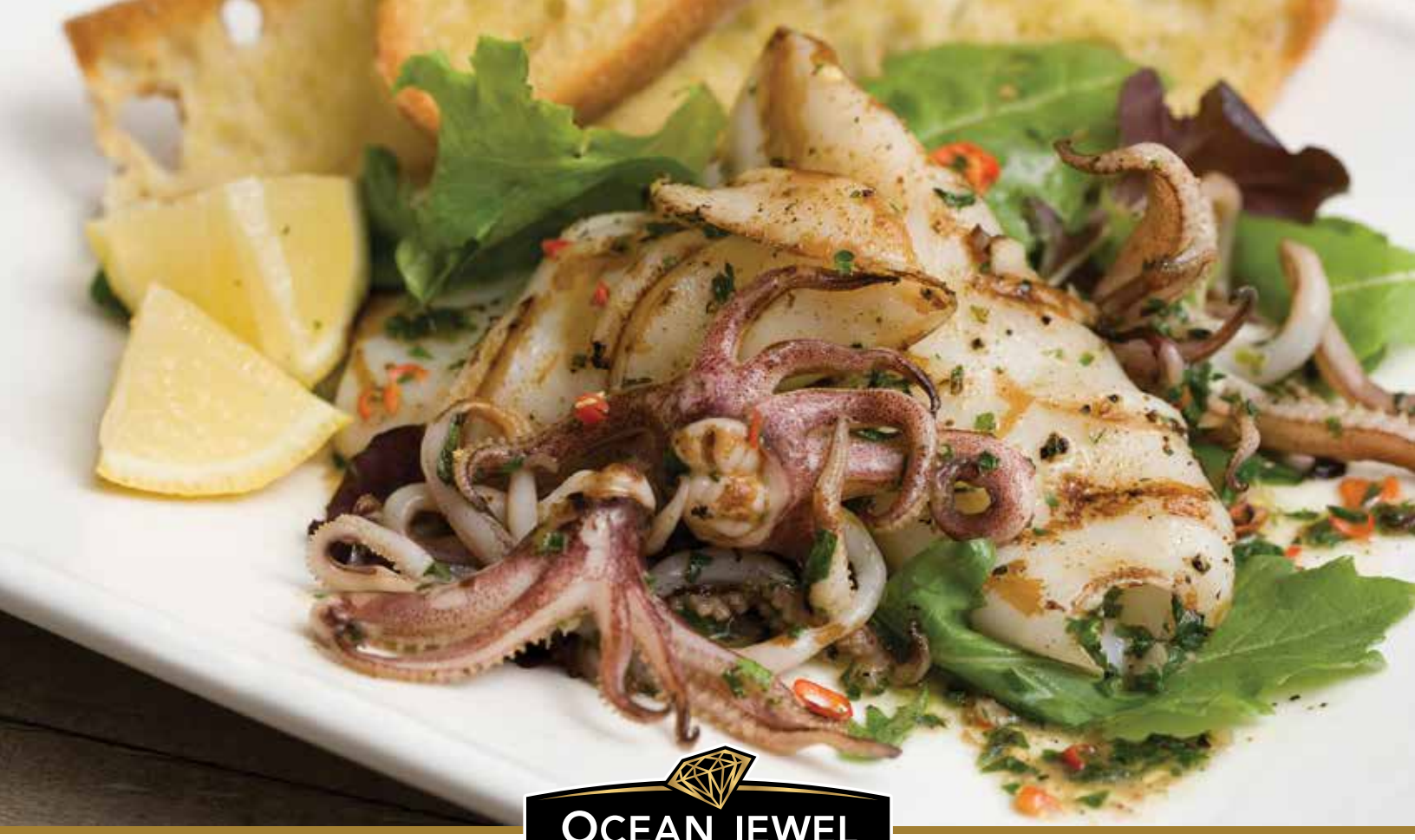
**SF04093**

| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF02452 | 30059371771294 | Rings & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF04089 | 30059371797959 | Rings & Tentacles, Loligo, Block | 5-8" | China | Ocean Jewel | 32 x 7 oz | 14 lb |
| SF04092 | 30059371797942 | Rings & Tentacles, Loligo, Block | 5-8" | China | Ocean Jewel | 25 x 9 oz | 14 lb |
| SF04093 | 3005937179793 | Rings & Tentacles, Loligo, IQF | 5-8" | China | Ocean Jewel | 22 x 8 oz | 11 lb |



OCEAN JEWEL®

# Squid - Tubes & Tentacles

**Ocean Jewel® Tubes & Tentacles Loligo** are wild caught in the oceans off of China. Loligo is the fastest growing, smaller sized squid that is naturally tender when cooked.

**HIGHLIGHTS:**

- Versatile and convenient
- Available in a variety of sizes
- Reduced labour - product is already cleaned and cut

**CHEF'S TIP:** Tubes and tentacles can be dusted, deep-fried or grilled and make an excellent appetizer paired with your signature sauce.



## Nutrition Facts
## Valeur nutritive

Per about 1/9 pack (125 g)
pour environ 1/9 paquet (125 g)

| **Calories 120** | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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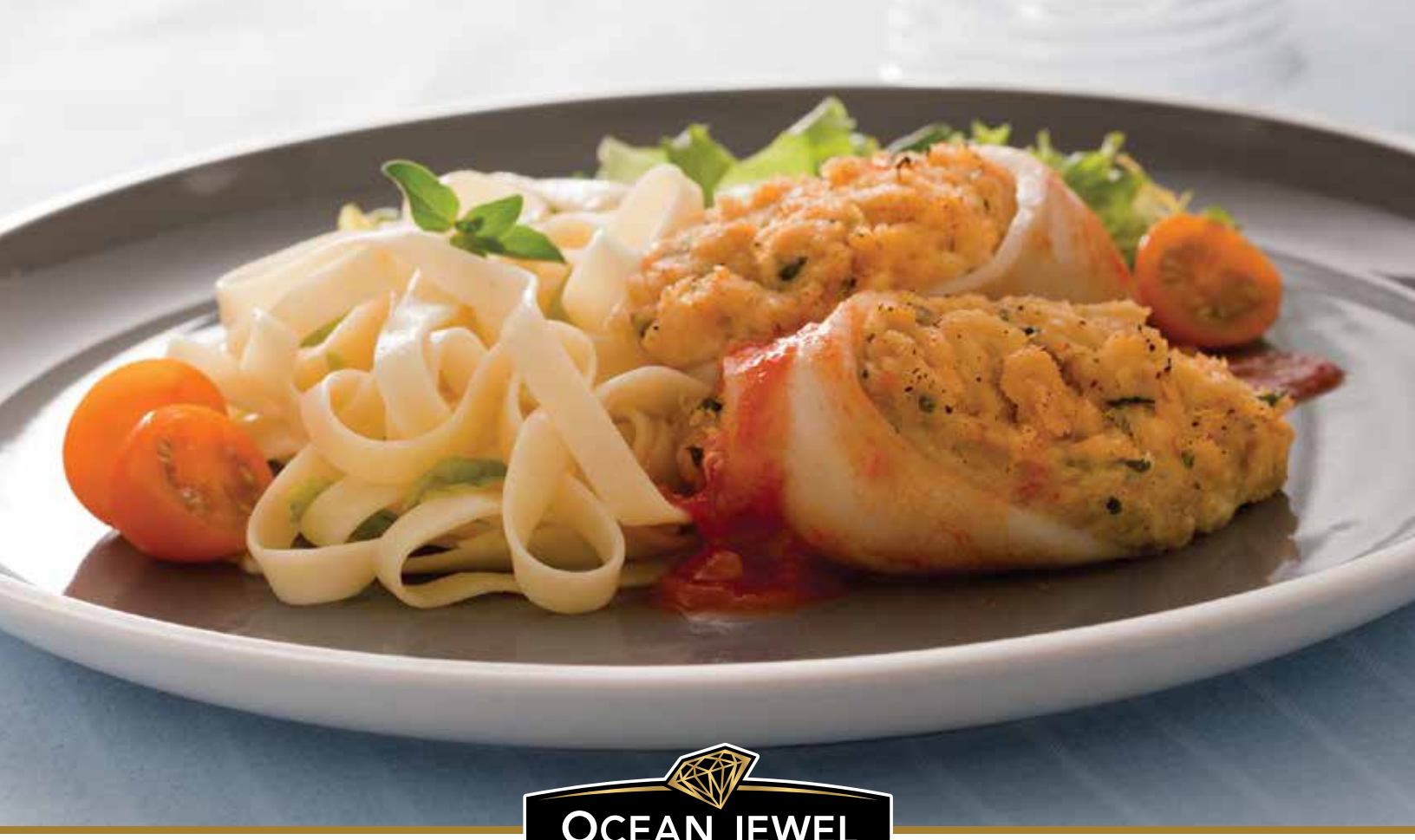
| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF00822 | 30059371406240 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF05111 | 30059371810290 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF03137 | 30059371781910 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 10 x 2.5 lb | 25 lb |
| SF05112 | 30059371810306 | Tubes & Tentacles, Loligo, Block | 5-8" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |



# Squid Tubes

**Ocean Jewel® Todarodes/Illex and Loligo Squid** are line caught from the wild. Todarodes and Illex have a firm texture as compared to Loligo Squid.

**HIGHLIGHTS:**

- Tubes are available in various sizes
- Versatile in the kitchen
- Cooks in mere minutes

**CHEF'S TIP:** The tubes can be cut into rings, dusted and deep-fried or scored into pineapple cut and wok-fried or stuffed.



**Nutrition Facts**
**Valeur nutritive**
Per about 1/7 pack (125 g)
pour environ 1/7 paquet (125 g)

| | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Calories 120** | |
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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**SF05113**

**Nutrition Facts**
**Valeur nutritive**
Per about 1/40 pack (125 g)
pour environ 1/40 paquet (125 g)

| | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Calories 120** | |
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0.4 g + Trans / trans 0 g | 2 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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**SF03295 & SF03334**

**Nutrition Facts**
**Valeur nutritive**
Per 100 g
pour 100 g

| | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Calories 90** | |
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0.4 g + Trans / trans 0 g | 2 % |
| **Carbohydrate / Glucides** 3 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 16 g | |
| **Cholesterol / Cholestérol** 235 mg | |
| **Sodium** 45 mg | 2 % |
| Potassium 250 mg | 7 % |
| Calcium 30 mg | 2 % |
| Iron / Fer 0.75 mg | 4 % |

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15% or more is **a lot** / 15% ou plus c'est **beaucoup**

**SF04517**

| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF05113 | 30059371810313 | Tubes, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF03295 | 20059371783931 | Tubes, Todarodes/Illex, Layer Pack | 5-8" | China | Ocean Jewel | 1 x 5 kg | 5 kg |
| SF03334 | 20059371784716 | Tubes, Todarodes/Illex, Layer Pack | 8-12" | China | Ocean Jewel | 1 x 5 kg | 5 kg |



# Squid Rings

**Ocean Jewel® Calamari Rings** are a consumer favourite.

**HIGHLIGHTS:**

- Fully cleaned with wing meat removed to minimize prep time
- Evenly sized for consistent cooking

**CHEF'S TIP:** These Calamari Rings can be grilled or breaded and served with sauce, or as an entrée a top of vegetables, grains or pastas.



## Nutrition Facts
## Valeur nutritive

Per about 1/18 pack (125 g)
pour environ 1/18 paquet (125 g)

| **Calories 120** | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 55 mg | 2 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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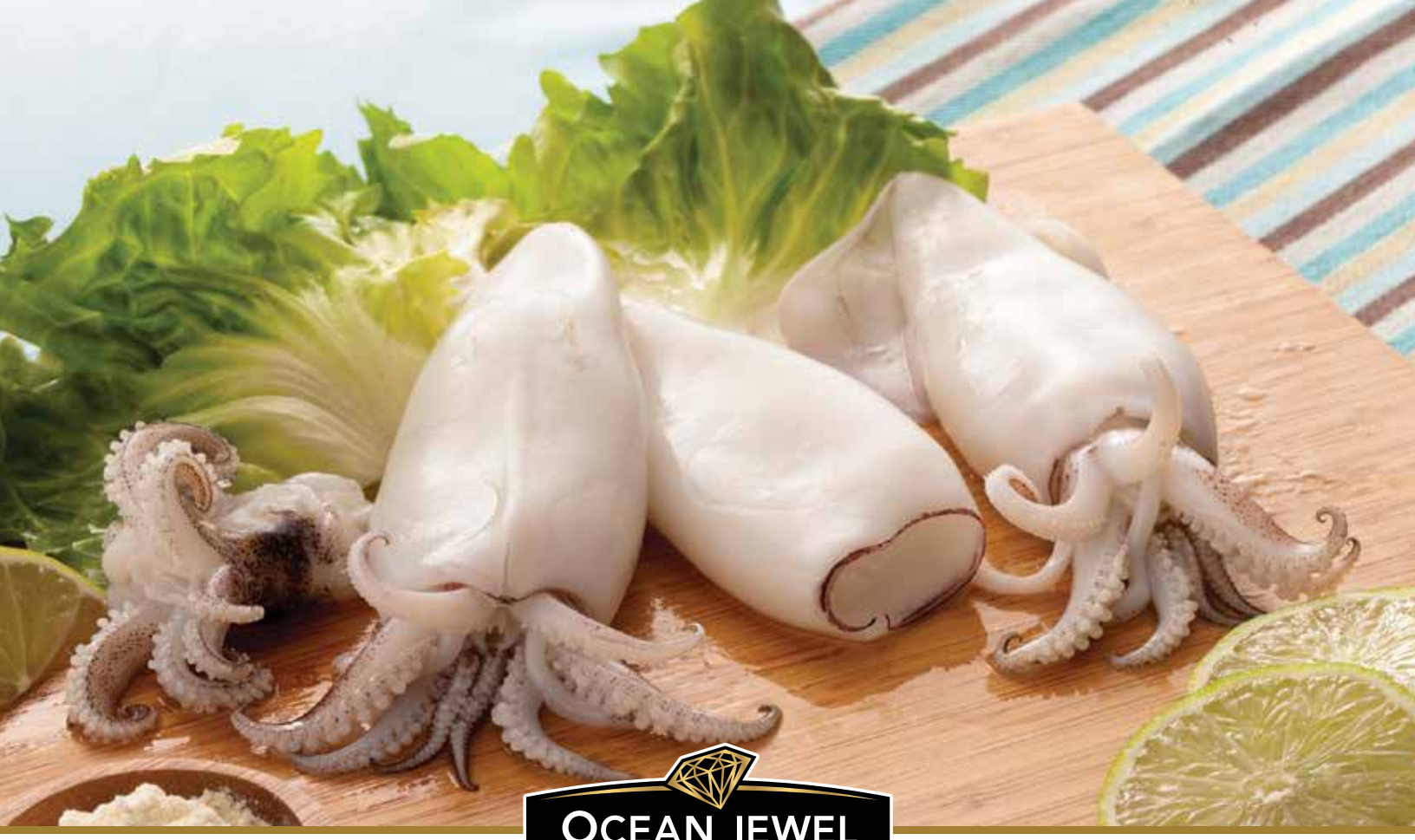
| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF03697 | 30059371789954 | Rings, Todarodes/Illex, IQF | Random | China | Ocean Jewel | 4 x 5 lb | 20 lb |



# Squid - Whole, Cleaned

**Ocean Jewel® Whole, Cleaned Loligo Squid** are a popular staple in many parts of the world and a popular seafood appetizer.

**HIGHLIGHTS:**
- Quick and easy to cook
- Extremely versatile for use in a variety of ways
- Customize in your own kitchen

**CHEF'S TIP:** For that perfectly tender and springy texture, cook hot-and-fast or low-and-slow. Can be grilled, braised, boiled and seared and added atop vegetables, grains or pastas.



## Nutrition Facts
## Valeur nutritive

Per about 1/16 pack (125 g)
pour environ 1/16 paquet (125 g)

| **Calories 120** | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 4 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 19 g | |
| **Cholesterol / Cholestérol** 290 mg | |
| **Sodium** 540 mg | 23 % |
| Potassium 300 mg | 6 % |
| Calcium 40 mg | 3 % |
| Iron / Fer 0.75 mg | 4 % |

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| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF03650 | 30059371789169 | Whole, Cleaned Loligo, Block | U/10 ct | Thailand | Ocean Jewel | 6 x 2 kg | 12 kg |
| SF05115 | 30059371810320 | Whole, Cleaned Loligo, Block | U/10 ct | Thailand | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF05114 | 30059371810337 | Whole, Cleaned Loligo, Block | 10-20 ct | Thailand | Ocean Jewel | 4 x 2.5 lb | 10 lb |



# Squid - Pineapple Cut

**Ocean Jewel® Pineapple Cut Squid** are conveniently cut and designed for easy preparation, helping to reduce prep time and kitchen labour, while offering a mild flavour and exceptional menu versatility.

**HIGHLIGHTS:**

- Consistent sizing supports portion control and back-of-house consistency
- Pineapple cut pieces curl when cooked resembling a pineapple shape, elevating plate presentation
- Versatile across fried, grilled, sauteed, and stir-fry applications

**CHEF'S TIP:** Ideal for fried calamari, stri-fries, seafood bowls, salads and grilled seafood applications.



## Nutrition Facts
## Valeur nutritive

Per 100 g
pour 100 g

| | % Daily Value* / % valeur quotidienne |
|---|---|
| **Calories 90** | |
| **Fat / Lipides** 1.5 g | 2 % |
| Saturated / saturés 0.4 g + Trans / trans 0 g | 2 % |
| **Carbohydrate / Glucides** 3 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 16 g | |
| **Cholesterol / Cholestérol** 235 mg | |
| **Sodium** 45 mg | 2 % |
| Potassium 250 mg | 5 % |
| Calcium 30 mg | 2 % |
| Iron / Fer 0.75 mg | 4 % |

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| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF04517 | 30059371803629 | Pineapple Cut Portions, Block | - | China | Ocean Jewel | 8 x 2.5 lb | 20 lb |



# Calmari Strips

**Pana Pesca® Calamari Strips** are made using premium quality Humboldt squid that are wild caught in the oceans of China.

**HIGHLIGHTS:**

- 8-12 cm strip size and block format
- No labour costs spent on cleaning and cutting
- Mechanically tenderized for improved eating and experience

**CHEF'S TIP:** Due to their long shape, they make a convenient and delicious appetizer to serve with a zesty dipping sauce.



## Nutrition Facts
## Valeur nutritive

Per about 113 g
pour environ 113 g

| **Calories 110** | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Fat / Lipides** 2 g | 3 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 3 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 17 g | |
| **Cholesterol / Cholestérol** 260 mg | |
| **Sodium** 50 mg | 2 % |
| Potassium 246 mg | 5 % |
| Calcium 32 mg | 4 % |
| Iron / Fer 0.7 mg | 4 % |

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| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF04086 | 20614583111172 | Calamari Strips, Humboldt, Block | 8-12 cm | China | Pana Pesca | 4 x 2.5 lb | 10 lb |



# Rings & Tentacles

**Pana Pesca® Calamari Rings & Tentacles** are sourced from wild-caught Loligo squid. The squid is fully cleaned to minimize prep time, portioned to reduce waste. They are the perfect package for preparing fried calamari!

**HIGHLIGHTS:**

- Individually quick frozen for easy handling
- Portioned to reduce waste
- Fully cleaned to minimize prep time

**CHEF'S TIP:** Rings and tentacles can be dusted, deep-fried or grilled and make an excellent appetizer paired with sauce and mixed vegetables.

**Nutrition Facts**
**Valeur nutritive**
Per about 113 g
pour environ 113 g

| | % Daily Value* / % valeur quotidienne* |
|---|---|
| **Calories 110** | |
| **Fat / Lipides** 2 g | 3 % |
| Saturated / saturés 0 g + Trans / trans 0 g | 0 % |
| **Carbohydrate / Glucides** 3 g | |
| Fibre / Fibres 0 g | 0 % |
| Sugars / Sucres 0 g | 0 % |
| **Protein / Protéines** 17 g | |
| **Cholesterol / Cholestérol** 260 mg | |
| **Sodium** 50 mg | 2 % |
| Potassium 246 mg | 5 % |
| Calcium 32 mg | 4 % |
| Iron / Fer 0.7 mg | 4 % |

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| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF03146 | 20614583170148 | Rings & Tentacles, Loligo, Block | 5-8" | China | Pana Pesca | 12 x 2.5 lb | 30 lb |

# COMMODITY SQUID

| Code | SCC Code | Description | Count/Size | Origin | Brand | Pack | Size |
|---|---|---|---|---|---|---|---|
| SF02452 | 30059371771294 | Rings & Tentacles, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF04089 | 30059371797959 | Rings & Tentacles, Block | 5-8" | China | Ocean Jewel | 32 x 7 oz | 14 lb |
| SF04092 | 30059371797942 | Rings & Tentacles, Loligo, Block | 5-8" | China | Ocean Jewel | 25 x 9 oz | 14 lb |
| SF04093 | 30059371797973 | Rings & Tentacles, IQF | 5-8" | China | Ocean Jewel | 22 x 8 oz | 11 lb |
| SF00822 | 30059371406240 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF05111 | 30059371810290 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF03137 | 30059371781910 | Tubes & Tentacles, Loligo, Block | 3-5" | China | Ocean Jewel | 10 x 2.5 lb | 25 lb |
| SF05112 | 30059371810306 | Tubes & Tentacles, Loligo, Block | 5-8" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF05113 | 30059371810313 | Tubes, Loligo, Block | 3-5" | China | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF03295 | 20059371783931 | Tubes, Todarodes/Illex, Layer Pack | 5-8" | China | Ocean Jewel | 1 x 5 kg | 5 kg |
| SF03334 | 20059371784716 | Tubes, Todarodes/Illex, Layer Pack | 8-12" | China | Ocean Jewel | 1 x 5 kg | 5 kg |
| SF03697 | 30059371789954 | Rings, Todarodes/Illex, IQF | Random | China | Ocean Jewel | 4 x 5 lb | 20 lb |
| SF03650 | 30059371789169 | Whole, Cleaned Loligo, Block | U/10 ct | Thailand | Ocean Jewel | 6 x 2 kg | 12 kg |
| SF05115 | 30059371810320 | Whole, Cleaned Loligo, Block | U/10 ct | Thailand | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF05114 | 30059371810337 | Whole, Cleaned Loligo, Block | 10-20 ct | Thailand | Ocean Jewel | 4 x 2.5 lb | 10 lb |
| SF04517 | 30059371803629 | Pineapple Cut Portions, Block | - | China | Ocean Jewel | 8 x 2.5 lb | 20 lb |
| SF04086 | 20614583111172 | Calamari Strips, Block | 8-12 cm | China | Pana Pesca | 4 x 2.5 lb | 10 lb |
| SF03146 | 20614583170148 | Rings & Tentacles, Block | 5-8" | China | Pana Pesca | 12 x 2.5 lb | 30 lb |

**IQF -** Individually Quick Frozen

*Some items may not be available in all regions.

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