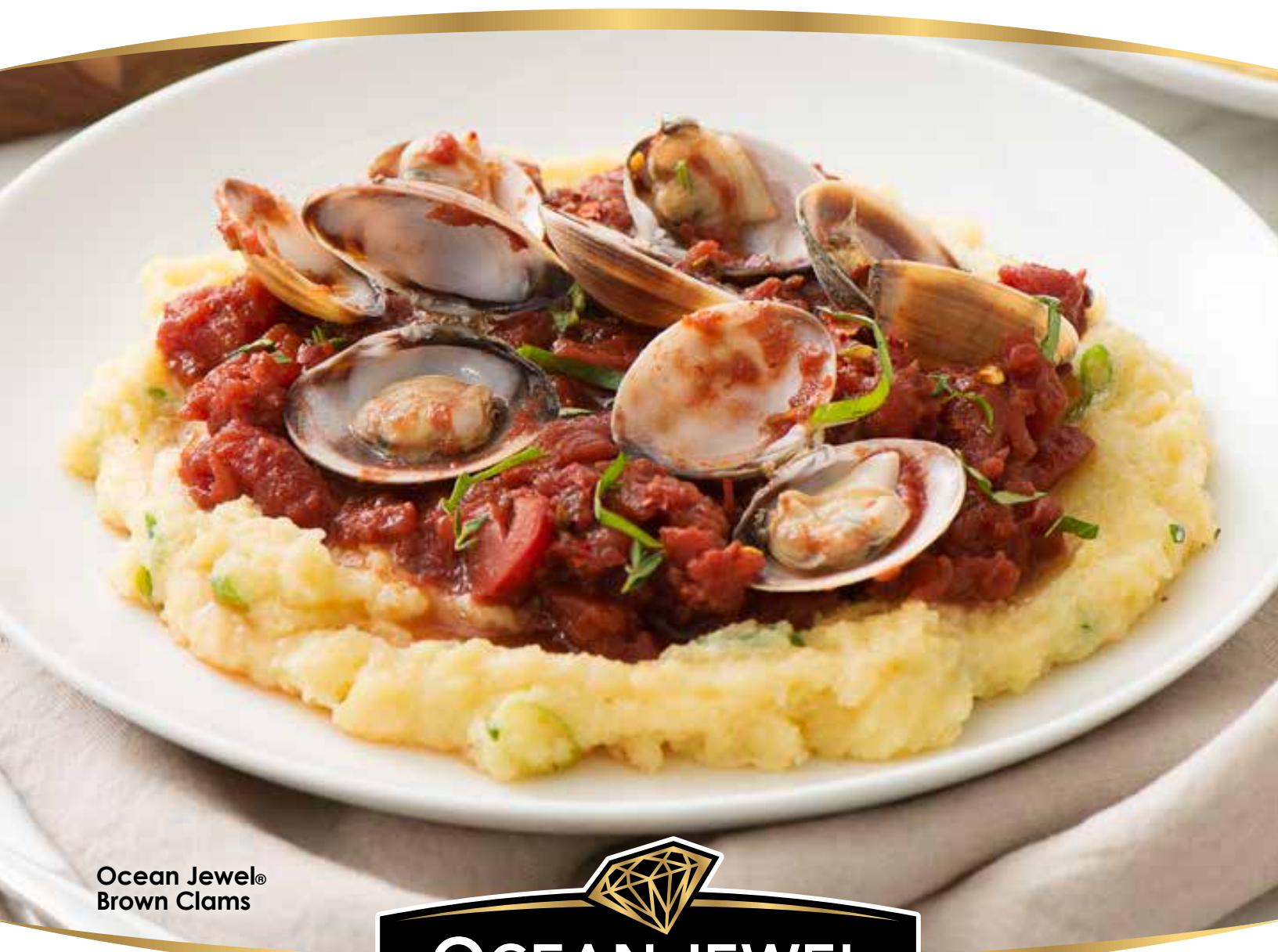


SPECIALTY SEAFOOD



Ocean Jewel®
Brown Clams



a variety of seafood to delight your customers

SUSTAINABILITY COMMITMENTS

Our significant presence in the seafood market means that seafood sustainability is an important consideration for our business.

We do not sell wild-caught seafood species identified as endangered in the International Union for Conservation of Nature's Red List of Threatened Species and do not permit the purchase of seafood acquired through illegal, unreported or unregulated catches. We are working towards the goal of 100% traceability on all seafood products.

We look to partner with suppliers who share our view and catch or farm seafood in a sustainable and responsible manner. We offer a wide variety of products that have been certified by third-party organizations working on advancing sustainable and responsible seafood practices, including MSC-certified wild-caught seafood products and BAP or ASC-certified farmed seafood products. We also purchase seafood originating from Fishery Improvement Projects (FIPs). FIPs are multi-stakeholder initiatives that aim to help fisheries work towards sustainable and responsible seafood practices.

Within our Ocean Jewel brand, we are committed to sourcing third party certified seafood products or products purchased via a FIP, wherever commercially available. We measure the percentage of certification for these products to monitor our performance against these commitments.

We are committed to working proactively with our customers, suppliers, industry experts and rating agencies with the goal of increasing the percentage of third-party certified products sold through our Ocean Jewel portfolio.





MSC-C-51368
Seafood certified to MSC's environmental standard for fishing. msc.org
Fruits de mer certifiés selon le référentiel environnemental pour la pêche du MSC. msc.org



Clams

Ocean Jewel® White and Brown Clams are available cooked in shell or meat only. Clams make a great substitute in many oyster, scallop and mussel recipes.

HIGHLIGHTS:

- Farm-raised in the sandy bottom of warm water wetlands
- All natural, MSC certified and sand-free
- 100% yield with no broken or unusable clams to discard

CHEF'S TIP: Heat in juices, gently over low heat to prevent overcooking. Sauté with garlic or try heating in wine while adding diced vegetables and herbs. Drizzle clam juice over a starch or serve with bread for dipping.



Nutrition Facts Valeur nutritive

Per about 1/5 pack (100 g)
pour environ 1/5 de l'emballage (100 g)

Calories 150	% Daily Value*
Fat / Lipides 2 g	3 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 5 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 26 g	
Cholesterol / Cholestérol 65 mg	
Sodium 270 mg	12 %
Potassium 650 mg	14 %
Calcium 100 mg	8 %
Iron / Fer 3 mg	17 %

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF04676	30059371806545	Cooked Baby Clam Meat, VP	300-500 ct	China	Ocean Jewel	10 x 1 lb	10 lb
SF04233	30059371799571	Cooked Brown Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF04289	30059371799748	Cooked White Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb



Seafood Medley

Ocean Jewel® Seafood Medley is a blend of cooked baby clam meat, cooked mussel meat, blanched Pacific White Shrimp and blanched Loligo calamari rings and tentacles. This blend is suitable for a multitude of outstanding and profitable menu applications.

- HIGHLIGHTS:**
- Individually quick frozen pieces allow you to use only what you need; reducing waste
 - Pre-blanched and cleaned format saves time and labour
 - Shells and tails are removed, and ready to eat

CHEF'S TIP: Seafood medley is excellent for antipastos, seafood salads, chowders, sauces, pastas, gourmet pizzas and more.



Nutrition Facts Valeur nutritive	
Per about 3/4 cup (125 g) pour environ 3/4 tasse (125 g)	
Calories 150	% Daily Value* % valeur quotidienne*
Fat / Lipides 3 g	4 %
Saturated / saturés 0.5 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 24 g	
Cholesterol / Cholestérol 175 mg	
Sodium 540 mg	23 %
Potassium 400 mg	9 %
Calcium 50 mg	4 %
Iron / Fer 3 mg	17 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF00712	30059371380038	Seafood Medley, IQF	2.5 lb	Thailand	Ocean Jewel	8 x 2.5 lb	20 lb
SF00714	30059371402716	Seafood Medley, IQF	400 g	Thailand	Ocean Jewel	20 x 400 g	18 lb



Mussels

Ocean Jewel® Cooked Blue Mussels are farm raised with select organic options.

- HIGHLIGHTS:**
- Easy to heat; simply boil in the bag, boil in broth, steam, sauté or bake
 - Short cook time, low labour and high perceived value by customers
 - Fully cleaned and sand-free

CHEF'S TIP: Heat this delicious shellfish to perfection in flavoursome broths, herbs or sauces and serve over vegetables or starches. Ocean Jewel Mussels are cooked live within hours of harvest. If a shell does not open, simply release gently using a knife edge.



SF01865 & SF04472

Nutrition Facts Valeur nutritive	
Per 100 g (31 g edible portion) pour 100 g (portion comestible de 31 g)	
Calories 20	% Daily Value*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 10 mg	
Sodium 210 mg	9 %
Potassium 40 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.4 mg	2 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

SF04534 & SF04800

Nutrition Facts Valeur nutritive	
Per 100 g pour 100 g	
Calories 80	% Daily Value*
Fat / Lipides 3 g	4 %
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 14 g	
Cholesterol / Cholestérol 45 mg	
Sodium 240 mg	10 %
Potassium 175 mg	4 %
Calcium 50 mg	4 %
Iron / Fer 4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF01865	30059371420444	Cooked Blue Mussels, Organic, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 1 lb	10 lb
SF04472	30059371802790	Cooked Blue Mussels, Organic, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 2 lb	10 lb
SF04534	30059371804091	Cooked Mussels, VP	23-29 ct	Chile	Ocean Jewel	10 x 1 lb	10 lb
SF04800	30059371807764	Cooked Mussel Meat, IQF	90-150 ct	Chile	Ocean Jewel	2 x 5 lb	10 lb



Scallops

Indulge in the sweet, tender taste of **Ocean Jewel® Scallops**, whether seared, grilled, or baked, these versatile shellfish offer a delicate flavor that enhances any dish.

- HIGHLIGHTS:**
- Quick and easy to cook
 - Mild, sweet flavour, making them versatile and easy to pair with a variety of dishes and seasonings
 - Excellent source of lean protein

CHEF'S TIP: Scallops can make your dinner feel luxurious and indulgent. Sauté with butter and garlic and enjoy with a lemon or a light sauce. Elevate your dining experience by adding scallops to a creamy pasta dish or salad or pair it with your favourite side of vegetables.

Nutrition Facts	
Valeur nutritive	
Per 100 g	
pour 100 g	
Calories 70	% Daily Value*
Fat / Lipides 0.5 g	1 %
Saturated / saturés 0.1 g	1 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 12 g	
Cholesterol / Cholestérol 30 mg	
Sodium 390 mg	17 %
Potassium 200 mg	4 %
Calcium 10 mg	1 %
Iron / Fer 0.4 mg	2 %
*5% or less is a little / 5% ou moins c'est peu	
15% or more is a lot / 15% ou plus c'est beaucoup	



Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF04980	30059371809348	Scallop Meat, IQF, OW, BAP, OW	40 - 60 ct	China	Ocean Jewel	2 x 5 lb	10 lb



Phillips Crab Meat

Phillips™ Crab Meat is sourced from blue crabs in the tropical waters of Southeast Asia. The meat is hand-picked and processed at the height of freshness.

- HIGHLIGHTS:**
- Fully cooked
 - Virtually shell-free
 - Ready to use

CHEF'S TIP: Jumbo Lump Crab meat is perfect for use in crab cakes, dips, salads, and casseroles, while Claw Crab Meat is ideal for dishes with heavy sauces or in dips and soups.



Nutrition Facts	
Valeur nutritive	
Per 1/3 cup (57 g)	
par 1/3 tasse (57 g)	
Calories 45	% Daily Value*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 10 g	
Cholesterol / Cholestérol 45 mg	
Sodium 190 mg	8 %
Potassium 83 mg	2 %
Calcium 42 mg	4 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF04063	10070057151021	Blue Crab Meat Jumbo Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb
SF04495	10070057151120	Blue Crab Meat Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb



SPECIALTY SEAFOOD

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF04676	30059371806545	Cooked Baby Clam Meat, VP	300-500 ct	China	Ocean Jewel	10 x 1 lb	10 lb
SF04233	30059371799571	Cooked Brown Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF04289	30059371799748	Cooked White Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF00712	30059371380038	Seafood Medley, IQF	2.5 lb	Thailand	Ocean Jewel	8 x 2.5 lb	20 lb
SF00714	30059371402716	Seafood Medley, IQF	400 g	Thailand	Ocean Jewel	20 x 400 g	18 lb
SF01865	30059371420444	Cooked Blue Mussels, Organic, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 1 lb	10 lb
SF04472	30059371802790	Cooked Blue Mussels, Organic, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 2 lb	10 lb
SF04534	30059371804091	Cooked Mussels, VP	23-29 ct	Chile	Ocean Jewel	10 x 1 lb	10 lb
SF04800	30059371807764	Cooked Mussel Meat, IQF	90-150 ct	Chile	Ocean Jewel	2 x 5 lb	10 lb
SF04980	30059371809348	Scallop Meat, IQF, BAP, OW	40 - 60 ct	China	Ocean Jewel	2 x 5 lb	10 lb
SF04063	10070057151021	Blue Crab Meat Jumbo Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb
SF04495	10070057151120	Blue Crab Meat Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb

IQF - Individually Quick Frozen, **VP** - Vacuum Packed, **MSC** - Marine Stewardship Council Certification, **BAP** - Best Aquaculture Practices, **OW** - Ocean Wise

*Some items may not be available in all regions.



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