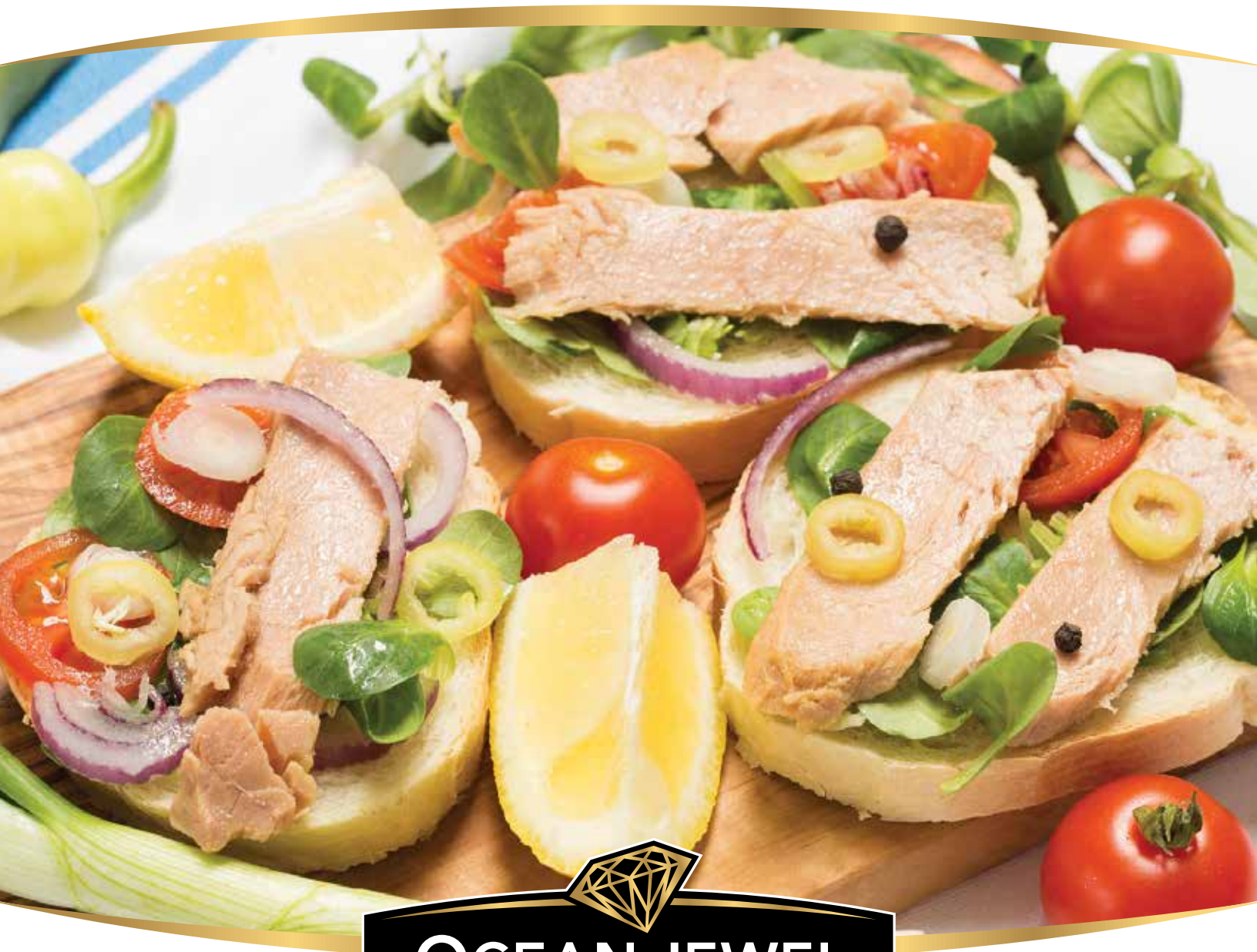


# POUCHPAK & CANNED FISH



TM  
MC

**versatile and convenient protein options ideal for foodservice**



## PouchPak Fish

**Ocean Jewel™ PouchPak Tuna** were designed with the professional foodservice operator in mind. We deliver cost savings from a no-drain package, better flavour and improved food safety versus canned fish.

- HIGHLIGHTS:**
- Cooked in vegetable broth for added moisture and flavour
  - Fully consumable with no skin or bones
  - No soy, hydrolyzed vegetable protein or fillers

**CHEF'S TIP:** Simply tear at the convenient notch and empty contents into a bowl with no draining required.



Nutrition Facts	
Valeur nutritive	
Per about 1/4 cup (55 g)	
pour environ 1/4 tasse (55 g)	
<b>Calories 60</b>	% Daily Value*
<b>Fat / Lipides 0.5 g</b>	1 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 1 g</b>	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
<b>Protein / Protéines 13 g</b>	
<b>Cholesterol / Cholestérol 15 mg</b>	
<b>Sodium 170 mg</b>	7 %
<b>Potassium 150 mg</b>	3 %
<b>Calcium 10 mg</b>	1 %
<b>Iron / Fer 0.4 mg</b>	2 %
*Percent Daily Values are based on a diet of other people's secrets.	
*% Daily Values are based on a diet of other people's secrets.	

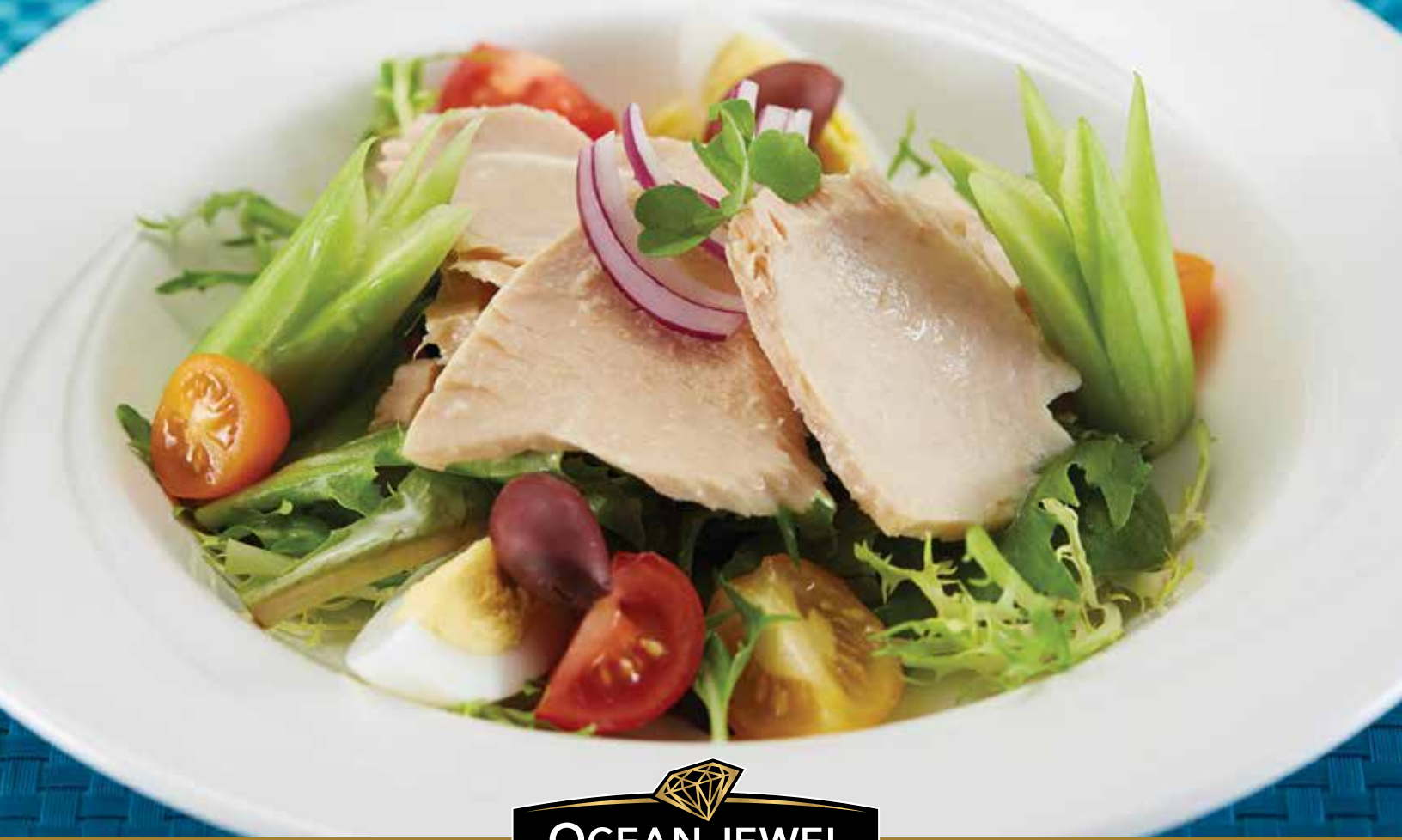
SF05006

Nutrition Facts	
Valeur nutritive	
Per about 1/4 cup (55 g)	
pour environ 1/4 tasse (55 g)	
<b>Calories 60</b>	% Daily Value*
<b>Fat / Lipides 0.5 g</b>	1 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 1 g</b>	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
<b>Protein / Protéines 13 g</b>	
<b>Cholesterol / Cholestérol 15 mg</b>	
<b>Sodium 140 mg</b>	6 %
<b>Potassium 175 mg</b>	4 %
<b>Calcium 10 mg</b>	1 %
<b>Iron / Fer 0.2 mg</b>	1 %
*Percent Daily Values are based on a diet of other people's secrets.	
*% Daily Values are based on a diet of other people's secrets.	

SF05007

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF05006	30059371809560	Skipjack Tuna Flaked Loins	1.22 kg	Vietnam	Ocean Jewel	6 x 1.22 kg	7.31 kg
SF05007	30059371809577	Albacore Tuna Flaked Loins	1.22 kg	Vietnam	Ocean Jewel	6 x 1.22 kg	7.31 kg





## Canned Fish

**Ocean Jewel™ Canned Tuna** is the starting point for delicious, convenient meals. We offer a variety of species with a range of price points.

- HIGHLIGHTS:**
- Available in Albacore and Tongol
  - Easy to store on a shelf in a cool, dry place
  - Excellent source of protein

**CHEF'S TIP:** Add to a salad, in a casserole, sandwich, cakes or on a crostini

Nutrition Facts	
Valeur nutritive	
Per about 1/4 cup (55 g)	
pour environ 1/4 tasse (55 g)	
<b>Calories 90</b>	
Fat / Lipides 2.5 g	3 %
Saturated / saturés 0.5 g	3 %
Trans / trans 0 g	0 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 16 g	
Cholesterol / Cholestérol 20 mg	13 %
Sodium 290 mg	13 %
Potassium 175 mg	4 %
Calcium 0 mg	0 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

SF00976



Nutrition Facts	
Valeur nutritive	
Per about 1/4 cup (55 g)	
pour environ 1/4 tasse (55 g)	
<b>Calories 60</b>	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
Trans / trans 0 g	0 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 14 g	
Cholesterol / Cholestérol 30 mg	9 %
Sodium 210 mg	9 %
Potassium 125 mg	3 %
Calcium 0 mg	0 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

SF03140

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF00976	30059371402259	Albacore Tuna Solid RTE OU	1.88 kg	Thailand	Ocean Jewel	6 x 1.88 kg	11.28 kg
SF03140	30059371781965	Tongol Tuna Chunk Light OU	1.88 kg	Thailand	Ocean Jewel	6 x 1.88 kg	11.28 kg



# POUCHPAK & CANNED FISH

## PouchPak Fish

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF05006	30059371809560	Skipjack Tuna Flaked Loins	1.22 kg	Vietnam	Ocean Jewel	6 x 1.22 kg	7.31 kg
SF05007	30059371809577	Albacore Tuna Flaked Loins	1.22 kg	Vietnam	Ocean Jewel	6 x 1.22 kg	7.31 kg

## Canned Fish

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF00976	30059371402259	Albacore Tuna Solid RTE OU	1.88 kg	Thailand	Ocean Jewel	6 x 1.88 kg	11.28 kg
SF03140	30059371781965	Tongol Tuna Chunk Light OU	1.88 kg	Thailand	Ocean Jewel	6 x 1.88 kg	11.28 kg

RTE - Ready To Eat, K - Triangle K Kosher Certified, OU - Orthodox Union Kosher Certified



Let's talk about growing your business!  
Head Office: 905-792-9700  
[exportpackers.com/foodservice](http://exportpackers.com/foodservice)



A Proudly Canadian Company