

SPECIALTY SEAFOOD



Ocean Jewel™ Brown Clams



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a variety of responsibly sourced seafood to delight your customers

SPECIALTY SEAFOOD SUSTAINABILITY

Our portfolio includes a wide variety of mollusks and crustaceans which are either farm-raised or caught in the wild off coast. Clams, mussels and oysters are farmed in their natural habitats in the ocean floor or on ropes. **Ocean Jewel™** consistently strives to support sustainable farms and fisheries to ensure that seafood can be enjoyed now and for generations to come. Choose from a selection of products that are **Ocean Wise Recommended** and/or **MSC certified**.



HEALTHY PEOPLE. HEALTHY PLANET.

From special occasions to weeknight meals, Ocean Jewel provides healthy, sustainable seafood meal options that are good for you and good for the planet.



Clams

Ocean Jewel™ White and Brown Clams are available in shell and cooked meat. Clams make a great substitute in many oyster, scallop and mussel recipes.

- HIGHLIGHTS:**
- Farm-raised in the sandy bottom of warm water wetlands
 - All natural, MSC certified and sand-free
 - 100% yield with no broken or unusable clams to discard

CHEF'S TIP: Heat in juices, gently over low heat to prevent overcooking. Sauté with garlic or try heating in wine while adding diced vegetables and herbs. Drizzle clam juice over a starch or serve with bread for dipping.



Nutrition Facts	
Valeur nutritive	
Per about 1/5 pack (100 g) pour environ 1/5 de l'emballage (100 g)	
Calories 150	% Daily Value*
Fat / Lipides 2 g	3 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 5 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 26 g	
Cholesterol / Cholestérol 65 mg	
Sodium 270 mg	12 %
Potassium 650 mg	14 %
Calcium 100 mg	8 %
Iron / Fer 3 mg	17 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF04676	30059371806545	Cooked Baby Clam Meat, VP	300-500 ct	China	Ocean Jewel	10 x 1 lb	10 lb
SF04233	30059371799571	Cooked Brown Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF04289	30059371799748	Cooked White Clams, Shell-on, VP, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb



Seafood Medley

Ocean Jewel™ Seafood Medley is a blend of cooked baby clam meat, cooked mussel meat, blanched Pacific White Shrimp and blanched Loligo calamari rings and tentacles. This blend is suitable for a multitude of outstanding and profitable menu applications.

- HIGHLIGHTS:**
- Individually quick frozen pieces allow you to use only what you need; reducing waste
 - Pre-blanched and cleaned format saves time and labour
 - Shells and tails are removed, and ready to eat

CHEF'S TIP: Seafood medley is excellent for antipastos, seafood salads, chowders, sauces, pastas, gourmet pizzas and more.



Nutrition Facts	
Valeur nutritive	
Per about 3/4 cup (125 g) pour environ 3/4 tasse (125 g)	
Calories 150	% Daily Value*
Fat / Lipides 3 g	4 %
Saturated / saturés 0.5 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 5 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 24 g	
Cholesterol / Cholestérol 175 mg	
Sodium 540 mg	23 %
Potassium 400 mg	9 %
Calcium 50 mg	4 %
Iron / Fer 3 mg	17 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF00712	30059371380038	Seafood Medley, IQF	2.5 lb	Thailand	Ocean Jewel	8 x 2.5 lb	20 lb
SF00714	30059371402716	Seafood Medley, IQF	400 g	Thailand	Ocean Jewel	20 x 400 g	18 lb



Mussels

Ocean Jewel™ Cooked Blue Mussels are organic, farm-raised and all natural with no chemicals or additives.

- HIGHLIGHTS:**
- Easy to heat; simply boil in the bag, boil in broth, steam, sauté or bake
 - Short cook time, low labour and high perceived value by customers
 - Fully cleaned and sand-free

CHEF'S TIP: Heat this delicious shellfish to perfection in flavoursome broths, herbs or sauces and serve over vegetables or starches. Ocean Jewel Mussels are cooked live within hours of harvest. If a shell does not open, simply release gently using a knife edge.



SF01865 & SF04472

Nutrition Facts	
Valeur nutritive	
Per 100 g (31 g edible portion)	
pour 100 g (portion comestible de 31 g)	
Calories 20	% Daily Value*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 10 mg	
Sodium 210 mg	9 %
Potassium 40 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.4 mg	2 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

SF04534 & SF04800

Nutrition Facts	
Valeur nutritive	
Per 100 g	
pour 100 g	
Calories 80	% Daily Value*
Fat / Lipides 3 g	4 %
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 14 g	
Cholesterol / Cholestérol 45 mg	
Sodium 240 mg	10 %
Potassium 175 mg	4 %
Calcium 50 mg	4 %
Iron / Fer 4.5 mg	25 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF01865	30059371420444	Cooked Blue Mussels, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 1 lb	10 lb
SF04472	30059371802790	Cooked Blue Mussels, VP, OW	20-25 ct	Canada	Ocean Jewel	10 x 2 lb	10 lb
SF04534	30059371804091	Cooked Blue Mussels, VP	23-29 ct	Chile	Ocean Jewel	10 x 1 lb	10 lb
SF04800	30059371807764	Cooked Mussel Meat, IQF	90-150 ct	Chile	Ocean Jewel	2 x 5 lb	10 lb



Phillips Crab Meat

Phillips™ Crab Meat is sourced from blue crabs in the tropical waters of Southeast Asia. The meat is hand-picked and processed at the height of freshness.

- HIGHLIGHTS:**
- Fully cooked
 - Shell-free
 - Ready to use

CHEF'S TIP: Jumbo Lump Crab meat is perfect for use in crab cakes, dips, salads, and casseroles, while Claw Crab Meat is ideal for dishes with heavy sauces or in dips and soups.



Nutrition Facts	
Valeur nutritive	
Per 1/3 cup (57 g)	
par 1/3 tasse (57 g)	
Calories 45	% Daily Value*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 10 g	
Cholesterol / Cholestérol 45 mg	
Sodium 190 mg	8 %
Potassium 83 mg	2 %
Calcium 42 mg	4 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF02773	10070057254012	Blue Crab Meat Claw, Tub	454 g	Various	Phillips	12 x 454 g	454 g
SF04063	10070057151021	Blue Crab Meat Jumbo Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	1 lb
SF04495	10070057151120	Blue Crab Meat Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb



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SF04495	10070057151120	Blue Crab Meat Lump, Canned	1 lb	Various	Phillips	6 x 1 lb	6 lb

IQF - Individually Quick Frozen, **VP** - Vacuum Packed, **MSC** - Marine Stewardship Council Certification, **OW** - Ocean Wise

*Some items may not be available in all regions.



Let's talk about growing your business!

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