

# Ocean Jewel<sup>TM</sup> MC

## Speciality SEAFOOD

Ocean Jewel<sup>TM</sup> Brown Clams with polenta



# Speciality SEAFOOD

Our portfolio includes a wide variety of delicious, unique, seafood options. Ocean Jewel takes the prep time and labour costs down when you need something special on your menu.

## Blue Crab

**Phillips™ Blue Crab** meat has a long reputation for its high quality crab, outstanding flavour, consistency and reliability.

- Virtually shell-free and cooked.
- 18-month shelf life with proper refrigeration of cans.
- Available in meat claw, lump and jumbo lump.



**SF02773 Nutrition Facts:** Per 76 g, Cal: 60, Fat 0.5 g (1%), Sat. Fat 0 g (0%), Trans Fat 0 g, Cholest. 55 mg, Sodium 330 mg (14%), Carb. 0 g (0%), Fibre 0 g (0%), Sugars 0 g, Protein 14 g, Vit. A 0%, Vit. C 0%, Calcium 6%, Iron 2%.

## Breaded Crab Cake

**Ocean Jewel™ Breaded Crab Cakes** are handmade using high quality Blue Swimming Crab. Bring the seaside to your table!

- No preparation required, individually quick frozen.
- Can be served on a bun, as an appetizer or as a meal.
- Easy to cook; sauté, deep dry or oven bake.



**SF04151 Nutrition Facts:** Per 85 g, Cal: 160, Fat 9 g (14%), Sat. Fat 1.5 g (8%), Trans Fat 0 g, Cholest. 50 mg, Sodium 220 mg (9%), Carb. 10 g (3%), Fibre 2 g (6%), Sugars 2 g, Protein 11 g, Vit. A 0%, Vit. C 2%, Calcium 6%, Iron 10%.

## Chesapeake Crab Mix

**Ocean Jewel™ Chesapeake Crab Mix** is a ready-to-cook product made from hand picked Blue Swimming Crab. Easy to add in your own ingredients and create your own recipes.

- Great for stuffing fish and shellfish, mushrooms, topping steaks and much more.
- Consistent everytime.
- Available in a 2 lb tub and ready to use as-is or add your own ingredients.



**SF04173 Nutrition Facts:** Per 57 g, Cal: 130, Fat 9 g (14%), Sat. Fat 1.5 g (8%), Trans Fat 0 g, Cholest. 50 mg, Sodium 260 mg (11%), Carb. 5 g (2%), Fibre 0 g (0%), Sugars 1 g, Protein 7 g, Vit A 4%, Vit C 4%, Calcium 4%, Iron 4%

## Clams

Our clam portfolio includes white and brown clams in shell, par-fried breaded strips, and cooked meat. Clams make a great substitute in many oyster, scallop and mussel recipes.

- Farm-raised, all natural and MSC certified.
- To serve, simply reheat directly from frozen.
- 100% yield with no broken or unusable clams to discard.



**SF04289 Nutrition Facts:** Per 100 g, Cal: 55, Fat 0.5 g (1%), Sat. Fat 0.2 g (1%), Trans Fat 0 g, Cholest. 80 mg, Sodium 40 mg (2%), Carb. 1 g (0%), Fibre 0 g (0%), Sugars 0 g, Protein 11 g, Vit. A 0%, Vit. C 0%, Calcium 6%, Iron 80%.





## Seafood Medley

**Ocean Jewel™ Seafood Medley** blend of cooked baby clam meat, cooked mussel meat, blanched Pacific White shrimp and blanched Loligo calamari rings and tentacles. This blend offers a multitude of outstanding and profitable menu applications.

- Excellent for antipastos, seafood salads, chowders, sauces, pastas, paellas and much more.
- Pre-blanched and cleaned format saves time and labour.
- Individually quick frozen pieces allow you to use only what you need; reducing waste.

SF00714 SF00712 Nutrition Facts: Per 80 g, Cal: 65, Fat 1 g (2%), Sat. Fat 0 g (0%), Trans Fat 0 g, Cholest. 85 mg, Sodium 190 mg (8%), Carb. 0 g (0%), Fibre 0 g (0%), Sugars 0 g, Protein 14 g, Vit. A 0%, Vit. C 0%, Calcium 4%, Iron 40%.



## Whole Octopus

**Pana Pesca™ Whole Octopus** is a premium product. It is IQF, raw, whole, cleaned and floured. A lean protein, with a mild-sweet flavour, the meat is tender with a slightly chewy texture.

- Common ingredient in sushi and a flavourful addition to seafood dishes such as fish soups and pasta.
- Easy to cook and prepare, which saves time and reduces labour.
- Can be fried, boiled, baked or grilled.



SF02939 Nutrition Facts: Per 100 g, Cal: 90, Fat 1 g (1%), Sat. Fat 0.4 g (2%), Trans Fat 0 g, Cholest. 235 mg, Sodium 45 mg (2%), Carb. 4 g (1%), Fibre 0 g (0%), Sugars 0 g, Protein 16 g, Vit. A 0%, Vit. C 8%, Calcium 4%, Iron 6%.

## Mussels

**Ocean Jewel™ Mussels** include cooked Blue Mussels and raw half shell Kiwi Mussels. Our products are organic, farm-raised and all natural with no chemicals or additives.

- Easy to heat/cook; simply boil in the bag, boil in broth, steam, sauté or bake.
- Short cook time, low labour and high perceived value by customers.
- Fully cleaned and sand-free.



SF04472 Nutrition Facts: Per 100 g, Cal: 170, Fat 4.5 g (7%), Sat. Fat 1 g (5%), Trans Fat 0 g, Cholest. 55 mg, Sodium 370 mg (15%), Carb. 7 g (2%), Fibre 0 g (0%), Sugars 0 g, Protein 24 g, Vit. A 10%, Vit. C 20%, Calcium 2%, Iron 50%.



# Speciality SEAFOOD

Code	SCC Code	Description	Count/Size	Origin	Brand	Pack	Size
SF02773	10070057254012	Blue Crab Meat Claw, Tub	454 gm	Indonesia	Phillips	12 x 1 lb	12 lb
SF04063	10070057151021	Blue Crab Meat Jumbo Lump, Can	1 lb	Indonesia	Phillips	6 x 1 lb	6 lb
SF04495	10070057151120	Blue Crab Meat Lump, Can	1 lb	Indonesia	Phillips	6 x 1 lb	6 lb
SF04151	20059371798751	Breaded Crab Cakes, IQF	3 oz	USA	Ocean Jewel	2 x 5 lb	10 lb
SF04173	30059371799083	Chesapeake Crab Mix, Tub	2 lb	USA	Ocean Jewel	4 x 2 lb	8 lb
SF02801	20614583211186	Cooked Baby Clam Meat, V/P	300-500 ct	China	Pana Pesca	10 x 1 lb	10 lb
SF03906	20614583292116	Clam Strips Breaded, IQF	32 x 5 oz	USA	Pana Pesca	1 x 10 lb	10 lb
SF04233	30059371799571	Cooked Brown Clams, Shell-on, V/P, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF04289	30059371799748	Cooked White Clams, Shell-on, V/P, MSC	40-60 ct/kg	Vietnam	Ocean Jewel	10 x 1 lb	10 lb
SF00714	30059371402716	Seafood Medley, IQF	400 g	Thailand	Ocean Jewel	20 x 400 g	18 lb
SF00712	30059371380038	Seafood Medley, IQF	2.5 lb	Thailand	Ocean Jewel	8 x 2.5 lb	20 lb
SF01865	30059371420444	Cooked Blue Mussels, V/P, OW	20-25 ct	Canada	Ocean Jewel	10 x 1 lb	10 lb
SF04472	30059371802790	Cooked Blue Mussels, V/P, OW	20-25 ct	Canada	Ocean Jewel	10 x 2 lb	10 lb
SF04534	30059371804091	Cooked Blue Mussels, V/P	23-29 ct	Chile	Ocean Jewel	10 x 1 lb	10 lb
SF03472	20614583350908	Cooked Mussels Meat, IQF	90-150 ct	Chile	Pana Pesca	2 x 5 lb	10 lb
SF02939	20614583613072	Whole Octopus, IQF	4-6 lb	Philippines	Pana Pesca	1 x 30 lb	30 lb
SF02597	10095231221451	Oyster 1/2 Shell, Tray	144 ct	USA	Hillmans	1 x 30 lb	30 lb

**IQF** - Individually Quick Frozen  
**IVP** - Individually Vacuumed Packed  
**MSC** - Marine Stewardship Council Certification  
**OW** - Ocean Wise  
**V/P** - Vacuum Packed



For more information on our products and/or sales support, contact your nearest Export Packers office:

**West: 604-591-1603**

**Ontario: 905-792-9700**

**East: 514-745-6655**